

I CAN DO IT

Grades 4-6

- 1 minute of reading.
- 1 minute of talking about one topic.
- 1 minute of conversation.
- Talk to a new person.
- Talk while using easy speech.
- Tell a joke.
- Tell a story to two other people.
- Describe 3 emotions/feelings and an example of when you would feel that way.
- Do the "Hands Down" activity: one hand things I do well, the other-things to that I do not do well.
- Make a list of 3-5 things to say to someone who teases you.
- Make a list of 3 things that people are teased about.
- Tell someone about teasing.
- Discuss ways to handle teasing.
- Make a "worry ladder".
- List 3 "Friendly Thinkin' " thoughts.
- List 3 "Stinkin' Thinkin' " thoughts.
- Draw your stuttering.
- Draw fluent (easy) speech.
- Speak to the group.
- Role-play or call a video store.
- Call a family member.
- Call a toy store.
- Teach someone a fact about stuttering.
- Perform in a play or a skit.
- Make a Family Conversational Rules list.
- Do a survey (likes/dislikes) about a certain topic.
- Play a describing game (inferences/guess what it is).
- Describe your toolbox.
- Interview a friend and include at least 5 facts.
- Sell me this...(item). Be a salesperson. Explain the item, why I should buy it.
- Do a card trick.
- Do a magic trick.
- Draw me a picture (floor plan) of your room/your house/your school and describe it using easy speech (or any tools).